

Erasmus SELF

Tbilisi 13-14th March
2026



Co-funded by
the European Union

**Train the mind,
grow the player!**



Day 1

SELF

საქართველო



GEORGIA

Agenda

Friday 13th March 2026		Lead
10.00 - 10.15	Social gathering	All
10.15 - 10.30	Welcome + intro	Toko, Gino
10.30 - 11.00	What did we learn from the SELF pilot?	Marjolein
11.00 - 11.45	Inputs to define the final toolkit (D2.2)	Marjolein
11.45 - 12.45	Lunch	
12.45 - 13.45	Inputs to define the final grassroots onboarding manual (D2.3)	Toko
13.45 - 14.15	Dissemination document summary (D3.1)	Pernille & Kostka
14.15 - 14.30	Break	
14.30 - 15.30	Digital platform presentation (D2.4)	Nitan
15.30 - 17.00	Olympic Committee tour	
17.00 - 17.30	Wrap up	Gino
17.30 - 18.00	Walk back to the hotel for a refresh	
18.00 - 19.00	Walk from hotel to the restaurant	
19.30 - 21.30	Dinner	Toko
Saturday 14th March 2026		
9.00 - 9.15	Walk to meeting room	
9.15 - 9.30	Welcome + recap + intro	Gino
9.30 - 10.00	How to pilot the digital platform?	Toko
10.00 - 11.00	Miscellaneous	Toko
11.00-11.15	Break	
11.15 - 12.00	Video shooting (use Lunch time when needed)	All
12.00 - 13.00	Lunch	
13.00 - 13.30	Dissemination of the meeting	All
13.30 - 14.30	Wrap up	Gino

Welcome and intro

(Toko/Gino)

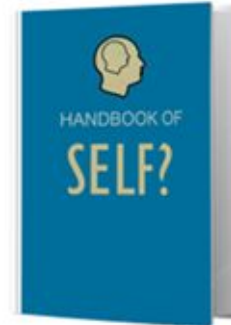
OUTPUTS

Self-Regulation Toolkit

The tools



How to apply them



Where to find them



Funded by
the European Union

Action plan

WP.1	Work Package 1: Project Management	CHF		
	This WP includes the operational, administrative and financial coordination of the SELF project		Jan 25	Dec 26
T1.1	Initiate the project	CHF	Jan 25	Jan 25
T1.2	Prepare detailed planning	CHF	Jan 25	Mar 25
T1.3	Organize consortium meetings	CHF	Jan 25	Dec 26
T1.4	Document progress and results	CHF	Jan 25	Dec 26
T1.5	Monitor execution and put quality control in place	CHF	Jan 25	Dec 26
T1.6	Manage risks	CHF	Jan 25	Dec 26
T1.7	Manage stakeholders	CHF	Jan 25	Dec 26
T1.8	Ensure formal Erasmus reporting	CHF	May 25	Dec 26
D1.1	Sound human, financial and administrative management	CHF	-	Nov 26

Action plan

WP.2	Work Package 2: Toolkit development + digitalization	MTS		
	This WP focuses on the development of the toolkit which will provide trainers and players with hands-on exercises and accompanying tools to integrate self regulation principles in a playful, effective and meaningful way in training and competition situations		Feb 25	Nov 26
T2.1	Produce an European Self-regulation landscape analysis	FAL	Feb 25	May 25
T2.2	Define toolkit framework and design criteria	MTS	May 25	May 25
T2.3	Create toolkit blueprint v1	MTS	Jun 25	Sep 25
T2.4	Pilot the toolkit	MTS	Oct 25	Jan 26
T2.5	Review toolkit blueprint v1	MTS	Jan 26	Mar 26
T2.6	Create the final toolkit + toolkit Manual	MTS + BLU	Mar 26	Jul 26
T2.7	Design digital resource and development platform	ARM	Sep 25	Nov 25
T2.8	Create a pilot version of the digital resource and development platform	ARM	Nov 25	Jun 26
T2.9	Pilot the digital resource and development platform	BLU	Jul 26	Oct 26
T2.10	Review the digital resource and development platform	ARM	Oct 26	Nov 26
T2.11	Launch the SELF digital resource and development platform	ARM	Nov 26	Nov 26
T2.12	Programme evaluation	FAL	May 25	Nov 26
D2.1	Landscape analysis	FAL	-	May 25
D2.2	Self-regulation toolkit for trainers/coaches	MTS	-	Jul 26
D2.3	Grassroot onboarding manual	BLU	-	Jul 26
D2.4	Digital resource and development platform	ARM	-	Nov 26

Action plan

WP.3	Work Package 3: Dissemination and legacy	ARM		
	This WP focuses on the sustainability and transferability of the deliverables		Sep 25	Dec 26
T3.1	Create a dissemination plan	FAL	Sep 25	Feb 26
T3.2	Produce shareable toolkit dissemination materials (digital and paper)	MTS	Jul 26	Sep 26
T3.3	Implement the dissemination plan	BLU	Jul 26	Dec 26
T3.4	Organize European Self-regulation dissemination seminar	CHF	Oct 26	Nov 26
T3.5	Create an insight and legacy plan	ARM	Jul 26	Dec 26
D3.1	Dissemination plan	FAL	-	Feb 26
D3.2	European SELF dissemination seminar	CHF	-	Nov 26
D3.3	Insight & Legacy plan	ARM	-	Dec 26

Action plan

[Show Filters](#) [Clear Filters](#) [Deliverable](#)

Work	Deliv	Deliv	Deliverable Name	Description	Lead Beneficiary	Type	Disse	Due Date	New Dt	Deliver	Approval	Status	
WP1	D1.1	D1	Partners' cooperation	Entails the operational, administrative, and f	Czech Hockey	OTH	SEN	30 Nov 2026				Pending	
WP1	D1.2	D2	Implementation progr	IMPLEMENTATION PROGRESS Submission appr	Czech Hockey	R	PU	30 Nov 2025		08 Ma		Submitt	
WP2	D2.1	D4	Project Outputs 1	The DIGITAL RESOURCE AND DEVELOPMENT PI	Blue Hawks	R	PU	28 Feb 2026		08 Ma		Submitt	
WP2	D2.2	D5	Project Outputs 2	The LANDSCAPE ANALYSIS will feature a desc	Torenbeek	DEM	PU	31 Oct 2026				Pending	
WP3	D3.1	D3	Communication mate	Production of COMMUNICATION MATERIAL for	Arminen	OTH	PU	31 Oct 2026				Pending	
WP3	D3.2	D6	Project Output 3	An EUROPEAN DISSEMINATION SEMINAR (multi	Czech Hockey	OTH	PU	31 Oct 2026				Pending	

MEETING SCHEDULE

- 4 Physical meetings + 3 online + Brussel dissemination event

YEAR 1	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10	M11	M12	
WP	WP1 : Programme Management												
	WP 2 : Toolkit development and digitalization												
										WP 3 : Dissemination and legacy			
EVENTS	E1.1 Online	E.1.2 Amsterdam, NL							E1.3 Copenhagen, DK			E1.4 Online	
YEAR 2	M13	M14	M15	M16	M17	M18	M19	M20	M21	M22	M23	M24	
WP	WP1 : Programme Management												
	WP 2 : Toolkit Development and digitalization												
	WP 3 : Dissemination and legacy												
EVENTS				E1.5 Tiblissi, GEO					E1.6 Online			E1.7 Prague	
											incl. dissemination event	E1.8 Brussels European Dissemination Event	

Agenda

Friday 13th March 2026		Lead
10.00 - 10.15	Social gathering	All
10.15 - 10.30	Welcome + intro	Toko, Gino
10.30 - 11.00	What did we learn from the SELF pilot?	Marjolein
11.00 - 11.45	Inputs to define the final toolkit (D2.2)	Marjolein
11.45 - 12.45	Lunch	
12.45 - 13.45	Inputs to define the final grassroots onboarding manual (D2.3)	Toko
13.45 - 14.15	Dissemination document summary (D3.1)	Pernille & Kostka
14.15 - 14.30	Break	
14.30 - 15.30	Digital platform presentation (D2.4)	Nitan
15.30 - 17.00	Olympic Committee tour	
17.00 - 17.30	Wrap up	Gino
17.30 - 18.00	Walk back to the hotel for a refresh	
18.00 - 19.00	Walk from hotel to the restaurant	
19.30 - 21.30	Dinner	Toko
Saturday 14th March 2026		
9.00 - 9.15	Walk to meeting room	
9.15 - 9.30	Welcome + recap + intro	Gino
9.30 - 10.00	How to pilot the digital platform?	Toko
10.00 - 11.00	Miscellaneous	Toko
11.00-11.15	Break	
11.15 - 12.00	Video shooting (use Lunch time when needed)	All
12.00 - 13.00	Lunch	
13.00 - 13.30	Dissemination of the meeting	All
13.30 - 14.30	Wrap up	Gino

**What did we learn from the SELF
pilot?**

(Marjolein)

Overall - the toolbox

Trainers are overall very positive about the toolbox:

- **“The manual was clear, concise, and easy to understand. Instructions were straightforward and not overly long”.**
- **“It was flexible, we appreciated being able to adapt exercises to our own style”.**
- **“The visible improvement in some children, coupled with the simplicity of the tools, is the basic motivation to continue to integrate SELF into the trainings”.**
- **“It has been great seeing how the kids started asking for feedback, and reflecting on how their performance is”.**

Overall - the tools

- **All exercises were tested multiple times and in various age groups. They all were found to be (more or less) executable and effective in improving focus and enjoyment.**
- **The trainers gave many suggestions to help us optimize the tools.**

Suggestions for improvement of the manual

- **Manual (website/app) in other languages than English.**
- **Visual explanation for each tool. Be it through a short video, or (a series of) pictures.**
- **A short “common challenges & solutions” section could also be helpful.**
- **Including a few real-life case examples from previous trainers would strengthen practical applicability.**
- **Include an introductory video about the WHY of self-regulation in youth sports and the SELF toolbox.**

Suggestions for improvement of the toolbox

- **A condensed trainer cheat sheet summarizing each tool in one page.**
- **Guidance on adapting tools for different group sizes or experience levels.**
- **Providing alternative versions (simpler and more advanced) for each tool would make them even more flexible.**
- **Clear timing recommendations for each activity would also help trainers manage sessions better.**
- **More different tools – new tools after a certain time -additional 4-6 tools, maybe one or two of these can be more challenging.**
-

Suggestions for making the toolbox effective in the long run (website and app)

- **Simplicity and ease of use (no complicated navigation). The app must be practical, fast, and intuitive to encourage consistent use.**
- **Mobile-friendly access during training, Quick access to exercises and tools.**
- **Testimonials or reviews from coaches who have used it.**
- **Per tool suggestions for sport-specific exercises.**

Inputs to define the final toolkit (D2.2)

(Marjolein)

Brainstorm 1 (10 mins)

How can we do this?

- **Visual explanation for each tool. Be it through a short video, or (a series of) pictures.**

Brainstorm 2 (10 mins)

Hockey coaches and basketball coaches:

- **Provide us with a few simple drills, well-known and suitable for 8-12 and 13-18 years old.**

Brainstorm 3 (10 mins)

How can we do this?

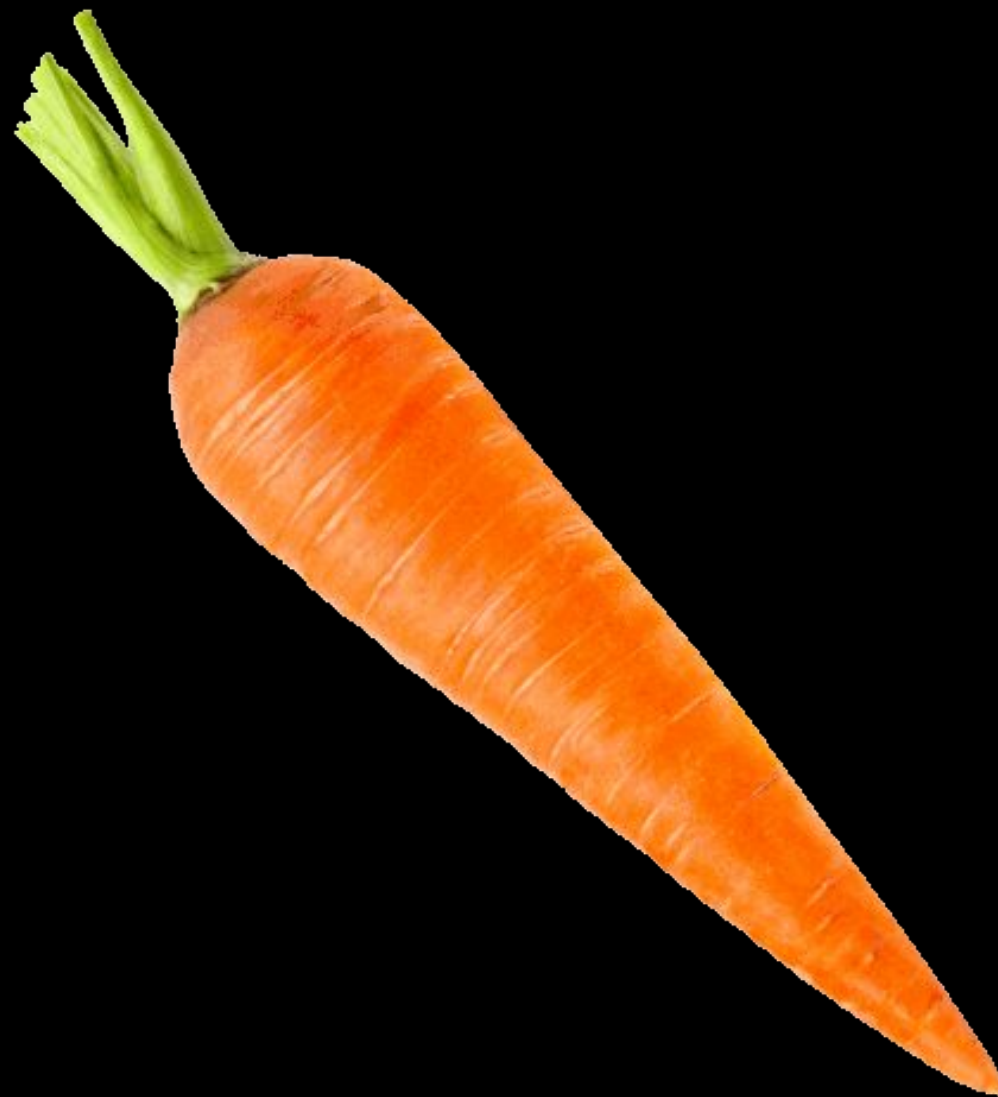
- **A short introductory video about the WHY of self-regulation and the SELF toolbox. Involving internationally well-known hockey/basketball players?**

Brainstorm 4 (10 mins)

How can we do this?

- **How can we help trainers to keep using the tools in the long-run?**

Lunch



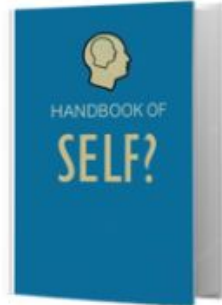
Agenda

Friday 13th March 2026		Lead
10.00 - 10.15	Social gathering	All
10.15 - 10.30	Welcome + intro	Toko, Gino
10.30 - 11.00	What did we learn from the SELF pilot?	Marjolein
11.00 - 11.45	Inputs to define the final toolkit (D2.2)	Marjolein
11.45 - 12.45	Lunch	
12.45 - 13.45	Inputs to define the final grassroots onboarding manual (D2.3)	Toko
13.45 - 14.15	Dissemination document summary (D3.1)	Pernille & Kostka
14.15 - 14.30	Break	
14.30 - 15.30	Digital platform presentation (D2.4)	Nitan
15.30 - 17.00	Olympic Committee tour	
17.00 - 17.30	Wrap up	Gino
17.30 - 18.00	Walk back to the hotel for a refresh	
18.00 - 19.00	Walk from hotel to the restaurant	
19.30 - 21.30	Dinner	Toko
Saturday 14th March 2026		
9.00 - 9.15	Walk to meeting room	
9.15 - 9.30	Welcome + recap + intro	Gino
9.30 - 10.00	How to pilot the digital platform?	Toko
10.00 - 11.00	Miscellaneous	Toko
11.00-11.15	Break	
11.15 - 12.00	Video shooting (use Lunch time when needed)	All
12.00 - 13.00	Lunch	
13.00 - 13.30	Dissemination of the meeting	All
13.30 - 14.30	Wrap up	Gino

**Inputs to define the final
grassroot onboarding manual
(D2.3)

(Toko)**

How do we onboard the trainers + materials

D2.3	grassroot onboarding manual	2	Tornike Tevdoradze / BLU	R	PU	M19	<p>The grassroots onboarding manual for youth trainers describes how the toolkit can be used most effectively and provides guidance on how to make this an integral part of the training and game plans. We expect it to be a 10-page digital work document. This deliverable will be made available in English, Czech and Georgian to introduce the basics and motivate trainers/coaches to use the toolkit. This will also serve as input for the dissemination plan. In Austria, Denmark and the Netherlands, the English version will suffice.</p> 
------	-----------------------------	---	--------------------------	---	----	-----	---

Finalizing grassroots manual

- **Text**
-

Agenda

Friday 13th March 2026		Lead
10.00 - 10.15	Social gathering	All
10.15 - 10.30	Welcome + intro	Toko, Gino
10.30 - 11.00	What did we learn from the SELF pilot?	Marjolein
11.00 - 11.45	Inputs to define the final toolkit (D2.2)	Marjolein
11.45 - 12.45	Lunch	
12.45 - 13.45	Inputs to define the final grassroots onboarding manual (D2.3)	Toko
13.45 - 14.15	Dissemination document summary (D3.1)	Pernille & Kostka
14.15 - 14.30	Break	
14.30 - 15.30	Digital platform presentation (D2.4)	Nitan
15.30 - 17.00	Olympic Committee tour	
17.00 - 17.30	Wrap up	Gino
17.30 - 18.00	Walk back to the hotel for a refresh	
18.00 - 19.00	Walk from hotel to the restaurant	
19.30 - 21.30	Dinner	Toko
Saturday 14th March 2026		
9.00 - 9.15	Walk to meeting room	
9.15 - 9.30	Welcome + recap + intro	Gino
9.30 - 10.00	How to pilot the digital platform?	Toko
10.00 - 11.00	Miscellaneous	Toko
11.00-11.15	Break	
11.15 - 12.00	Video shooting (use Lunch time when needed)	All
12.00 - 13.00	Lunch	
13.00 - 13.30	Dissemination of the meeting	All
13.30 - 14.30	Wrap up	Gino

Dissemination document summary (D3.1)

(Pernille/Kostka)

We have defined the following dissemination principles:

- Main communication via developed App, aimed at national federations
- Communication to be “light” as the main aim is to inspire them to educate themselves and their teams
- Use the new SELF platform created as main place for all information about the programmes we will offer
- Go digital where possible, video/picture preferred over text
- Use as much as possible meetings/webinars/tournaments where the key target groups meet
- Work with English as the main language. Create language mutations for the main European languages and translate to more languages in the future where there is a specific demand from the country
- Key to share first successes, optimally via the partners to create proudness and ownership
- Use networks from the partners to share as they are the main ambassadors

	What	Reach/target groups	Who	When
1	Kick off communication by the project team to be shared via partner clubs and federations through their members. A central article with links will be created by the team which will be posted on the workgroup FB/LinkedIn and the partners will share this with their members	Partner clubs. Hockey and basketball federations in home countries of partner clubs	Project partners: Gino Schilders (workgroup lead), Nitan Sondhi (SV Arminen) + Marjolein Torenbeek (Expert partner) + Pernille Otbo (Falcon Basketball) + Tornike Tevdoradze (Bluehawks Hockey) + Jan Brzak (Czech Hockey Federation)	June 2026
2	Kick off communication by the project team members to be shared within their organisations and their network. The central article with key information will be used. Where necessary partners will translate to their local language	Partner clubs. Hockey and basketball federations in home countries of partner clubs	All partners.	June 2026
3	Dissemination event 1 in Prague.	Project Partners, club coaches and management, Czech Olympic committee members	Project partners	Oct 2026
4	Dissemination event 2 in Brussels	Project Partners,, Hockey Development committee. EU officer and policy makers	Selected project partners will present. Others invited	Nov 2026
5	Results dissemination partners will look for opportunities to disseminate the results via conferences participation.	Partners, conference participants, etc.	All partners	From June 2026
6	Integration in Education programmes: partners will discuss with their education committees/managers on how the toolkit can be integrated in the education/development programmes	Federation Development committees, Federation Coach committees Clubs education departments, etc...	All partners	From June 2026
7	Online seminars (TBC): Online 45 minutes seminar for interested participants to share the toolkit and experiences.	Partners' contacts, people who signed up for the app, pilot coaches	Selected projectl partners, pilot coaches,	From June 2026
8	Network sweep: Share an invitation to use and share the application to all network partners via email/FB/Linked/IG and other personal and professional platforms	Wider sport community	All partners	Dec 2026

Break




Agenda

Friday 13th March 2026		Lead
10.00 - 10.15	Social gathering	All
10.15 - 10.30	Welcome + intro	Toko, Gino
10.30 - 11.00	What did we learn from the SELF pilot?	Marjolein
11.00 - 11.45	Inputs to define the final toolkit (D2.2)	Marjolein
11.45 - 12.45	Lunch	
12.45 - 13.45	Inputs to define the final grassroots onboarding manual (D2.3)	Toko
13.45 - 14.15	Dissemination document summary (D3.1)	Pernille & Kostka
14.15 - 14.30	Break	
14.30 - 15.30	Digital platform presentation (D2.4)	Nitan
15.30 - 17.00	Olympic Committee tour	
17.00 - 17.30	Wrap up	Gino
17.30 - 18.00	Walk back to the hotel for a refresh	
18.00 - 19.00	Walk from hotel to the restaurant	
19.30 - 21.30	Dinner	Toko
Saturday 14th March 2026		
9.00 - 9.15	Walk to meeting room	
9.15 - 9.30	Welcome + recap + intro	Gino
9.30 - 10.00	How to pilot the digital platform?	Toko
10.00 - 11.00	Miscellaneous	Toko
11.00-11.15	Break	
11.15 - 12.00	Video shooting (use Lunch time when needed)	All
12.00 - 13.00	Lunch	
13.00 - 13.30	Dissemination of the meeting	All
13.30 - 14.30	Wrap up	Gino

Digital platform presentation (D2.4) (Nitan)

Deliverable 2.4

- What we promised

D2.4	Digital resource and development platform	2	Nitan Sondhi / ARM	R	PU	M23	<p>The digital resource and development platform will feature a single point of contact where trainers can find the toolkit components as well as the trainer manual explaining them how to implement self-regulated learning in their daily lives</p> <p>It will be a free interactive website or app which will allow for effective and efficient roll out to all trainer/coaches who would like to use it.</p> <p>The platform will be a part off (or link) with the EuroHockey digital development platform. As more and more people use their phone to browse the web and because we find it important that trainers/coaches can use the toolkit on the pitch, we will ensure the platform is "mobile phone friendly".</p>  <p>As part of a barter agreement between the Czech Hockey Federation and one of their partners Deloitte, we agreed with Jan Hejtmanek, Partner – Intelligent Automations, they will support the platform development as part of their barter deal.</p>
------	---	---	--------------------	---	----	-----	---

The goal was to design the website to be as simple and user-friendly as possible while maintaining a high standard in both visual appearance and content quality.

The website is structured to be accessible on desktop computers as well as on mobile devices. On smartphones it is displayed in an app-like format.

Administrators have the ability to edit existing content and add new material. Skills, videos, and quizzes can be modified or uploaded easily without requiring specific technical or software expertise.

In addition to general information about self-regulation, the team, and the toolkit, the core element of the website consists of the individual skills. These can be used by athletes, coaches, and parents alike.

Users have the option to filter the skills according to different criteria, including:

LEVEL (Beginner/Advanced)

SKILLS (Evaluation/Goal Setting/Monitoring/Planning/Reflection)

CONTENT (Articles/Videos/Podcast/Infographics/Quizzes)

After signing up, users can also mark individual skills as favourites for quicker access.

Furthermore, each skill can be printed if needed.

In the next phase, example videos of selected exercises will be uploaded to the platform. These will not only feature basketball and hockey but also other sports, highlighting that the toolkit is designed to be applicable across a wide range of sports.

What are the steps and who is responsible?

- **“Hand over” to Toko to start the pilot**

T2.7	Design digital resource and development platform	Design the set-up, structure, tone of voice for the platform. Create an exciting, inspiring visual branding/look-and-feel.	ARM All partners	BEN BEN / COO	n/a
T2.8	Create a pilot version of the digital resource and development platform	Create an off-line version of the digital resource and development platform. Upload available content defined in WP2. Keep customers view in mind and make it mobile friendly to make it easily accessible for trainers/coaches when on the pitch.	ARM All partners	BEN BEN / COO	In-kind contribution from Deloitte Intelligent Automations Czech Republic in the form of a barter deal with CHF
T2.9	Pilot the digital resource and development programme	Test the platform and its content with all the partners and involve 2-3 trainers (optimally from other countries) who are not involved to get non-biased feedback.	BLU All partners	BEN BEN / COO	n/a
T2.10	Review the digital resource and development programme	Review testing protocols and agree with the consortium on the final digital resource and development platform based on testing.	ARM All partners	BEN BEN / COO	n/a

Header

- **Text**

Wrap up day 1 + dinner + day 2 agenda

(Gino)



Day 2

 Co-funded by
the European Union

SELF

Welcome + recap + intro

(Gino)

Agenda

Friday 13th March 2026		Lead
10.00 - 10.15	Social gathering	All
10.15 - 10.30	Welcome + intro	Toko, Gino
10.30 - 11.00	What did we learn from the SELF pilot?	Marjolein
11.00 - 11.45	Inputs to define the final toolkit (D2.2)	Marjolein
11.45 - 12.45	Lunch	
12.45 - 13.45	Inputs to define the final grassroots onboarding manual (D2.3)	Toko
13.45 - 14.15	Dissemination document summary (D3.1)	Pernille & Kostka
14.15 - 14.30	Break	
14.30 - 15.30	Digital platform presentation (D2.4)	Nitan
15.30 - 17.00	Olympic Committee tour	
17.00 - 17.30	Wrap up	Gino
17.30 - 18.00	Walk back to the hotel for a refresh	
18.00 - 19.00	Walk from hotel to the restaurant	
19.30 - 21.30	Dinner	Toko
Saturday 14th March 2026		
9.00 - 9.15	Walk to meeting room	
9.15 - 9.30	Welcome + recap + intro	Gino
9.30 - 10.00	How to pilot the digital platform?	Toko
10.00 - 11.00	Miscellaneous	Toko
11.00-11.15	Break	
11.15 - 12.00	Video shooting (use Lunch time when needed)	All
12.00 - 13.00	Lunch	
13.00 - 13.30	Dissemination of the meeting	All
13.30 - 14.30	Wrap up	Gino

How to pilot the digital platform and development platform

(Toko)

Header

- **Text**

T2.7	Design digital resource and development platform	Design the set-up, structure, tone of voice for the platform. Create an exciting, inspiring visual branding/look-and-feel.	ARM All partners	BEN BEN / COO	n/a
T2.8	Create a pilot version of the digital resource and development platform	Create an off-line version of the digital resource and development platform. Upload available content defined in WP2. Keep customers view in mind and make it mobile friendly to make it easily accessible for trainers/coaches when on the pitch.	ARM All partners	BEN BEN / COO	In-kind contribution from Deloitte Intelligent Automations Czech Republic in the form of a barter deal with CHF
T2.9	Pilot the digital resource and development programme	Test the platform and its content with all the partners and involve 2-3 trainers (optimally from other countries) who are not involved to get non-biased feedback.	BLU All partners	BEN BEN / COO	n/a
T2.10	Review the digital resource and development programme	Review testing protocols and agree with the consortium on the final digital resource and development platform based on testing.	ARM All partners	BEN BEN / COO	n/a

How are we going to pilot the digital toolkit?

- **Which are the people whom we will ask to test?**
 - **Us**
 - **The trainers**
 - **Select a few other trainers from other countries?**
 - **Put it on the SELF FB page and ask for help from “any” trainer?**

Next steps: who does what, when

Break



Agenda

Friday 13th March 2026		Lead
10.00 - 10.15	Social gathering	All
10.15 - 10.30	Welcome + intro	Toko, Gino
10.30 - 11.00	What did we learn from the SELF pilot?	Marjolein
11.00 - 11.45	Inputs to define the final toolkit (D2.2)	Marjolein
11.45 - 12.45	Lunch	
12.45 - 13.45	Inputs to define the final grassroots onboarding manual (D2.3)	Toko
13.45 - 14.15	Dissemination document summary (D3.1)	Pernille & Kostka
14.15 - 14.30	Break	
14.30 - 15.30	Digital platform presentation (D2.4)	Nitan
15.30 - 17.00	Olympic Committee tour	
17.00 - 17.30	Wrap up	Gino
17.30 - 18.00	Walk back to the hotel for a refresh	
18.00 - 19.00	Walk from hotel to the restaurant	
19.30 - 21.30	Dinner	Toko
Saturday 14th March 2026		
9.00 - 9.15	Walk to meeting room	
9.15 - 9.30	Welcome + recap + intro	Gino
9.30 - 10.00	How to pilot the digital platform?	Toko
10.00 - 11.00	Miscellaneous	Toko
11.00-11.15	Break	
11.15 - 12.00	Video shooting (use Lunch time when needed)	All
12.00 - 13.00	Lunch	
13.00 - 13.30	Dissemination of the meeting	All
13.30 - 14.30	Wrap up	Gino

Miscellaneous

(TBC)

Header

- **Text**

Agenda

Friday 13th March 2026		Lead
10.00 - 10.15	Social gathering	All
10.15 - 10.30	Welcome + intro	Toko, Gino
10.30 - 11.00	What did we learn from the SELF pilot?	Marjolein
11.00 - 11.45	Inputs to define the final toolkit (D2.2)	Marjolein
11.45 - 12.45	Lunch	
12.45 - 13.45	Inputs to define the final grassroots onboarding manual (D2.3)	Toko
13.45 - 14.15	Dissemination document summary (D3.1)	Pernille & Kostka
14.15 - 14.30	Break	
14.30 - 15.30	Digital platform presentation (D2.4)	Nitan
15.30 - 17.00	Olympic Committee tour	
17.00 - 17.30	Wrap up	Gino
17.30 - 18.00	Walk back to the hotel for a refresh	
18.00 - 19.00	Walk from hotel to the restaurant	
19.30 - 21.30	Dinner	Toko
Saturday 14th March 2026		
9.00 - 9.15	Walk to meeting room	
9.15 - 9.30	Welcome + recap + intro	Gino
9.30 - 10.00	How to pilot the digital platform?	Toko
10.00 - 11.00	Miscellaneous	Toko
11.00-11.15	Break	
11.15 - 12.00	Video shooting (use Lunch time when needed)	All
12.00 - 13.00	Lunch	
13.00 - 13.30	Dissemination of the meeting	All
13.30 - 14.30	Wrap up	Gino

Dissemination of the meeting (Gino)

Wrap up day 2

(Gino)

Tasks from today

- T2.1
- T2.2
-

1.5 hour online call July 2026



Co-funded by
the European Union

SELF

Prague

1-30 October 2026



LOONEY TUNES



That's all